

WHAT'S HAPPENING IN P.E.?



During the month of February in physical education class grades K-5 will be learning about the fundamentals of bowling. We have six carpet alleys, multiple color bowling pins and rubber bowling balls of varying weights. The students are really enjoying the many different games that can be created with this set up. The fifth graders are evening honing their math skills while learning to keep score manually!



How many of you know how to keep score in bowling?

Jump Rope for Heart has now turned into “The Kids Heart Challenge” and it encompasses many different activities that students can do to learn about heart health, heart disease, and healthy heart nutrition. I have pushed back this event until May due to conflicts in the schedule with gym usage, music programs, and various other happenings. In May we will have a week of “Jump Rope for Heart” challenges during all physical education classes. Hopefully, I will be able to run this event outside in warmer weather. More information will be forthcoming.!

Please feel free to stop by the library during the two nights of “Showcase of Learning”, **February 22 and 27**. I will have some a few centers set up to showcase the students activities in gym.

Coming next in physical education will be a unit on floor hockey. Grades K-1 will be playing noodle floor hockey while grades 2-5 will be playing various floor hockey games with the hockey sticks. This is always a very fast moving, fun and exciting unit!

As always, thank you for your continued support! Stay healthy!

Terry Stencil
Meadowbrook Phy. Ed., S.D.P. E.