



## April 2021 Newsletter

Hello Meadowbrook Families,

Next week we will complete Forward testing for all third, fourth, and fifth graders and will be working on make-up testing for those who were absent or did not complete testing. In the first two weeks of May, students will be taking their final round of MAP testing. Classroom teachers will be informing you of testing dates and times. Please be sure to let classroom teachers know ahead of time if you know your child will be out. Continue to make sure they are well rested and have eaten breakfast the days they are tested.

Carrie Gahan  
School Psychologist

### SEL

For the Month of April, our Kindergarten classes will be learning about Smart Guess/Wacky Guess and Flexible Thinking. Kindergarten classes are learning that we make smart guesses when we look, listen, and think. We can make smart guesses so that we follow hidden rules and so that we make good choices at home and at school. We will also talk about the importance of being a flexible thinker. We will discuss being able to be a flexible thinker so that we are able to get along with others, solve problems, and learn new ways to think about things. Below are the parent letters that explain those concepts and have some activities that you may enjoy at home.

[Smart Guess Wacky Guess Parent letter](#)  
[Flexible Thinking Parent Letter](#)

### Parent United Offerings

[Parents United Web Page](#)

[How Everyday Mindfulness Can Build Self-Awareness, Self-Regulation and Lead to Lifelong Resiliency](#) Tuesday, April 13, 2021 – 6:00 – 8:30 pm

[From ACES to Assets](#) Tuesday, April 27, 2021 – 9:00 – 11:30 am

[Compassion Resilience in Parenting](#) Wednesday, May 19, 2021 – 9:00 – 11:30 am