



## March 2021 Newsletter

### Hello Meadowbrook Families

As we approach Spring, things will start to get busy here at Meadowbrook. Students will be taking the Forward test soon. As many of you may remember last school year, we were not able to take it last Spring due to virtual instruction. It will look similar to previous years, but they have shortened it slightly and have taken out the TDA or written part of the test this year. Meadowbrook students will take this test between March 22nd and May 14th. That window has been extended. Students in grades three, four, and five will take the English Language Arts test and the Math test. In fourth grade, the students also take the Science and Social Studies tests. A schedule has been set and if you do not know the dates your child will be tested you may contact your child's teacher. Please be sure to put it on your calendar so that students can get a good night's sleep before the test and eat a good breakfast the morning of the test. As with the MAP testing, it is important to remember to reinforce "doing your best". You should have received a pamphlet explaining the Forward test, but I will attach it here for your review.

[Forward brochure](#)

### Parents United Information

Attached are free session offerings that parents or staff may attend. You have the option to attend in person or virtually. If you click on the link below, you can sign up on a google form. Here is the website that has additional information [Parents United Web Page](#)

[How Everyday Mindfulness Can Build Self-Awareness, Self-Regulation and Lead to Lifelong Resiliency](#) Tuesday, April 13, 2021 – 6:00 – 8:30 pm

[From ACES to Assets](#) Tuesday, April 27, 2021 – 9:00 – 11:30 am

[Compassion Resilience in Parenting](#) Wednesday, May 19, 2021 – 9:00 – 11:30 am

### SEL Information

Next week in our Kindergarten We Thinker series, we will be finishing the Hidden Rules Book. The following week we will start the Smart Guess book. Here are the parent letters for activities for our Kindergarten class

[Hidden Rules Parent Letter](#)

[Smart Guess Wacky Guess Parent Letter](#)